



SIMPLY WHISKY®

A DRAM GOOD TIME

Looking after the planet:

Ideally every aspect of our whiskies would be 100% recyclable, but there are still some elements we cannot directly control. Apologies. Here are the facts as far as we know them.

Recyclable:

- The whisky itself – You can thank your body for playing its part
- Glass bottle – 100% recyclable
- Black foil top on your bottle – Made of tin so in principle recyclable, but the options depend on where you live
- Oak bottle top – 100% recyclable (so long as you separate it from the cork stopper)
- Cardboard box (external packaging) – made of 100% recyclable cardboard
- Plastic bubble wrap (internal packaging) – 100% recyclable, but it would be nice to move away from plastic completely
- Polystyrene packing chips (internal packaging) – 100% recyclable

Not currently recyclable:

- Cork stopper – Made of micro-agglomerated cork. Although from a sustainable natural source, the glue used to bind the cork granules typically employ a type of plastic, therefore they are not easily recycled, nor will they biodegrade
- Paper labels on your whisky bottle because of the glue used to attach the labels to the bottle
- Tape used to seal the cardboard box – Although the tape is often removed by recycling machinery when your cardboard box is broken down into pulp to be reused, the tape itself is not recyclable

Looking after yourself:

Alcoholic units: 36.2 units in this 700ml (70cl) bottle, and 1.3 units in a single 25ml measure.

Calories: There are roughly 60 calories in a single 25ml measure of a 40% whisky if drunk neat (according to [Drink Aware](#)), equivalent to two squares of dark chocolate.

Further information:

Contact Simon on 00 44 7939 035 389 or email info@simplywhisky.com

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